# CONTINUING EDUCATION

Spartanburg Regional Healthcare System

### Heart Failure Program and Corporate Education present

17<sup>th</sup> Annual Heart Failure Symposium

Wednesday, September 27,2023

7:55am – 4:30pm Registration: 7:30am Program starts promptly at: 7:55am **The Piedmont Club** 

361 E. Main St.

**Spartanburg**, SC

#### AGENDA

7:30am	Registration, Exhibits, Continental Breakfast	
7:55	Welcome, Introductions	Debra McLennan, BSN, RN
8:00	I. Meeting Heart Failure Clients Where They Are	Jennifer Vigodsky, MSN, RN Kristle Butler, NREMT-P, CP-C
9:00	II. Heart Failure & Palliative Care: The Intersection of Art & Medicine	Jeffrey Walker, MD
10:00	Break, Exhibits	
10:15	III. Medication Building Blocks for Turning Heart Failure into Heart Success	Andrew Mardis, PharmD, BCCP, BCTXP, BCPS
11:15	IV. When Guideline Directed Medical Therapy (GDMT) is Not Enough – Heart Failure Management with Device Therapy	Benjamin Vaccaro, MD
12:15pm	Lunch, Exhibits	
1:15	V. Amyloidosis: You Only Find What You Are Looking For	James Ampadu, MD
2:15	Break, Exhibits	
2:30	VI. Culinary Medicine & Practice Transformation	Kerri Stewart, RD, LD Dawn Maddux, MPH, BSN, RN
3:15	VII. Cardiac Rehab and Heart Failure: Multidisciplinary Approach	Stacie Snyder, MS, BSN, RN
4:00	Wrap-up, Questions, Evaluations	
4:15	Adjourn	

The speakers and the planning committee have declared no conflict of interest. CE approval does not imply endorsement of any product.



### **LEARNING OUTCOMES/OBJECTIVES**

At the end of the educational activity, 90% of attendees will be able to:

- I. Discuss Mobility Integrated Health-Community Paramedicine and the impact on clients with heart failure
- II. Describe the role of palliative care and hospice in the continuum of heart failure management
- III. Discuss new data for current drug classes for heart failure management
- IV. Recognize the benefit of using an implantable device in treating moderate to severe heart failure symptoms
- V. Discuss the types and the medical management of cardiac amyloidosis
- VI. Describe culinary medicine and its benefits from employer, client, and community lenses
- VII. Demonstrate the use of cardiac rehabilitation as an integral part of the multidisciplinary approach in the management of clients with heart failure

#### **CONTINUING EDUCATION CREDIT** (Accreditation Statement)

You must attend 90% of each of the educational sessions to receive CE credit.

#### <u>Nurses</u>

This educational activity has been awarded **<u>6.75</u>** contact hours.

SRHS Corporate Education is approved as a provider of nursing continuing professional development by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Respiratory Therapists, Registered Dietitians, Physical Therapists, Occupational Therapists** Can avail the approved nursing CE credit.

#### Long Term Care Administrators

The program has been approved for <u>6.0</u> hours of continuing education by the South Carolina Board of Long Term Health Care Administrators. Approval <u># 20-1078246</u>

#### **Registered Pharmacists, Physician Assistants, Nurses Practitioners**

The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. These activities are accredited for a maximum of <u>6.5</u> live contact hours (0.65 CEUs) for *pharmacists* (Learning Objectives, UANs and credit hours as specified on pages below). To claim credit, participants must register for the event, have their attendance at the live event verified, participate in all active learning activities, and complete all learning assessments during the activity. Participants must attend an hour-long session in its entirety to claim credit; no partial credit will be issued. Participants must complete an online evaluation within 30 days (providing their correct NABP e-Profile ID and month/day of birth) to ensure credit is reported to the NABP CPE Monitor. The CPE Monitor will automatically reject all credit claimed and reported greater than 60 days from the date of the live activity.

Please visit <u>https://cop.sc.learningexpressce.com</u> to contact the CPE provider with any questions regarding CPE credit.

#### **TARGET AUDIENCE**

Nurses, Pharmacists, Respiratory Therapists, Registered Dietitians, Rehab (PT/OT), LTC Administrators and other interested healthcare professionals.

**REGISTRATION FEES (Deadline to register September 20, 2023)** 

- \$100.00 Nurses, RDs, RRTs, Rehab, LTC Administrator
- \$130.00 Pharmacists, PAs, NPs
  - \$5.00 Additional fee after September 20

Registration fees include continental breakfast, lunch, and on-line handouts. Refunds are not allowed.

**On-line Registration:** www.spartanburgregional.com/CEEvents

• Click on: 17th Annual Heart Failure Symposium

Direct Link to register: https://www.eventbrite.com/e/17th-annual-heart-failure-symposium-tickets-663611990327

#### ADA

SRHS is committed to complying fully with the Americans with Disabilities Act.

For special needs, please call (864) 560- 6282 by September 20.

#### **QUESTIONS**

Nelda M. Hope: <u>nhope@srhs.com</u> Alane Swain: <u>aswain3@srhs.com</u> Yotawanna Henderson: <u>vhenderson@srhs.com</u>

#### THE PIEDMONT CLUB DRESS CODE

<u>Men</u>: Gentlemen are required to wear a jacket at all times in all areas of the club. Ties are suggested, but not required.

<u>Women</u>: Suit (including business pantsuit), dress or blazer with skirt or tailored slacks, tailored pants with a blouse or sweater.

<u>Prohibited</u>: T-Shirts, sweatshirts, or other shirt without collar; athletic attire, tennis shoes, shorts, jeans (regardless of value), denim jackets, untucked shirts, and baseball caps.

#### **ADDITIONAL INFORMATION**

Registrants will receive an e-mail message at 2-3 days before the event for additional information (Ex. Slides, etc.)

SPEAKERS		
James Ampadu, MD	Benjamin Vaccaro, MD	
Advanced Heart Failure & Transplantation	Advanced Heart Failure & Transplantation	
PRISMA-USC	University of Pennsylvania	
Greenville, SC	Philadelphia, PA	
Andrew Mardis, PharmD, BCCP, BCTXP, BCPS		
Clinical Pharmacy Specialist – Advanced Heart Failure		
Prisma Health Advanced Heart Health Center		
Columbia, SC		

## Spartanburg Regional Healthcare System

Spartan	burg,	SC
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Jeffrey Walker, MD	Stacie Snyder, MS, BSN, RN		
Physician	Manager		
Palliative Medicine	Heart Wellness		
Kristle Butler, NREMT-P, CP-C	Kerri Stewart, RD, LD		
Paramedic	Coordinator & Dietitian		
Heart Failure Clinic	Heart Resource Center		
Dawn Maddux, MPH, BSN, RN	Jennifer Vigodsky, MSN, RN		
Community Outreach Nurse & Patient Educator	Nurse Manager		
Heart Resource Center	Heat Failure Clinic		

# **PLANNING/ADVISORY COMMITTEE** Spartanburg Regional Healthcare System

Debra McLennan, BSN, RN	Jennifer Vigodsky, MSN, RN
Nurse Manager	Nurse Manager
Progressive Step-Down Unit	Heart Failure Clinic
Heart Center	
Michelle McCowan, BSN, RN	Nelda M. Hope, BSN, RN
Nurse Manager	CE Coordinator
Cardiac Step-Down Unit	Corporate Education
Heart Center	
Jennifer T. Smith, MSN, RN, AACC, CVN	Alane Swain, MHA, BSN, RN
Cardiovascular & Accreditation Manager	Professional Development Specialist
Heart Center	Corporate Education
Tiffany Vaughn, BSN, RN	
Nurse Navigator	
Heart Failure Clinic	

#### **ACPE ACTIVITY ANNOUNCEMENT**

#### **Objectives/Learning Outcomes**

At the end of each presentation, 90% of attendees will be able to attest, through survey, that objectives/learning outcomes were met.

7:30am	Registration, Exhibits, Continental Breakfast	
7:55	Welcome, Introductions	Debra McLennan, BSN, RN
8:00	<ul> <li>I. Meeting Heart Failure Patients Where They Are ACPE UAN #0062-9999-23-126-L04-P, 1.0 contact hours, knowledge-based activity Discuss Mobility Integrated Health-Community Paramedicine (MIH-CP) and the impact on clients with heart failure</li> <li>Discuss the purpose of the Heart Failure Clinic</li> <li>Describe the role of a community paramedic</li> <li>List the benefits of Spartanburg Medical Center (SMC) HF Clinic MIH-CP Program</li> <li>Recognize the impact of MIH-CP on decreasing emergency center visits and hospital admission</li> </ul>	Jennifer Vigodsky, MSN, RN Kristle Butler, NREMT-P, CP-C
9:00	<ul> <li>II. Heart Failure &amp; Palliative Care: The Intersection of Art &amp; Medicine ACPE UAN #0062-9999-23-127-L01-P, 1.0 contact hours, knowledge-based activity Describe the role of palliative care and hospice in the continuum of heart failure management</li> <li>Describe palliative care and hospice in the context of heart failure</li> <li>Identify when a patient with heart failure should receive palliative care</li> <li>Discuss the evidence-based benefits of palliative care for heart failure patients</li> <li>Identify when a patient with heart failure should receive hospice care</li> </ul>	Jeffrey Walker, MD
10:00	Break, Exhibits	
10:15	<ul> <li>III. Medication Building Blocks for Turning Heart Failure into Heart Success ACPE UAN #0062-9999-23-128-L01-P, 1.0 contact hours, knowledge-based activity Discuss new data for current drug classes for heart failure management</li> <li>Review the key updates to the guidelines and other recent consensus statements related to medication management of patients with heart failure</li> <li>Determine the potential role of novel therapies in the treatment of heart failure</li> <li>Identify opportunities to optimize the initiation and titration of guideline-directed medical therapy in patients with heart failure</li> <li>Given a patient case, select appropriate pharmacotherapy interventions in a patient with heart failure</li> </ul>	Andrew Mardis, PharmD, BCCP, BCTXP, BCPS

11:15	IV. When Guideline Directed Medical Therapy (GDMT) is Not Enough	Benjamin Vaccaro,
	- Heart Failure Management with Device Therapy ACPE UAN #0062-9999-23-129-L01-P, 1.0 contact hours, knowledge-based activity	MD
	<b>Recognize the benefit of using an implantable device in treating</b>	
	moderate to severe heart failure symptoms	
	• Discuss the management of cardiogenic shock with mechanical	
	circulatory support	
	• Describe the treatment of chronic heart failure with durable mechanical	
	circulatory support	
	• Recognize the outcomes of Left Ventricular Assist Device (LVAD) therapy	
	• Explain the treatment of CHF with novel device-based therapy	
12:15pm	Lunch, Exhibits	
1:15	V. Amyloidosis: You Only Find What You Are Looking For	James Ampadu, MD
	ACPE UAN #0062-9999-23-130-L01-P, 1.0 contact hours, knowledge-based activity	
	Discuss the types and the medical management of cardiac	
	Amyloidosis	
	Recognize the types of cardiac amyloidosis	
	Identify the patient populations at risk for cardiac amyloidosis	
	<ul> <li>Discuss the diagnosis of cardiac amyloidosis</li> <li>Discuss the medical management cardiac amyloidosis</li> </ul>	
	<ul> <li>Discuss the medical management cardiac amyloidosis</li> </ul>	
2:15	Break, Exhibits	
2:30	<b>VI. Culinary Medicine &amp; Practice Transformation</b> ACPE UAN #0062-9999-23-131-L01-P, 0.75 contact hours, knowledge-based activity	Kerri Stewart, RD, LD
	Describe culinary medicine and its benefits from employer, client, and	Dawn Maddux, MPH,
	community lenses	BSN, RN
	• Describe culinary medicine and its benefits from clinical, patient, and	- ,
	community lenses	
	<ul> <li>Identify ways to incorporate culinary medicine in a variety of healthcare</li> </ul>	
	settings	
	<ul> <li>List resources for culinary medicine intervention</li> </ul>	
3:15	VII. Cardiac Rehab and Heart Failure: Multidisciplinary Approach	Stacie Snyder, MS,
	ACPE UAN #0062-9999-23-132-L01-P, 0.75 contact hours, knowledge-based activity	BSN, RN
	Demonstrate the use of cardiac rehabilitation as an integral part	
	of the multidisciplinary approach in the management of clients with heart failure	
	<ul> <li>Provide an overview of cardiac rehabilitation and the heart failure</li> </ul>	
	patient	
	• Discuss the importance of a multidisciplinary approach in management	
	of the heart failure patient	
	• Review exercise as a tool to improve quality of life in the heart failure	
	patient	
	• Discuss improving heart failure outcomes by utilizing cardiac rehab	
	performance measures	
4:00	Wrap-up, Questions, Evaluations	
4:15	Adjourn	